

The Economic Pulse of the Health and Fitness Industry

Dedicated to Improving Physical and Mental Health.

Consumers know that physical activity, whether through individual or structured exercise, improves physical and mental health. That is why almost 70 million people each year visit fitness facilities in the United States.

These facilities exist in nearly every city and town—every size, shape, and type. They are places to exercise, take a class, learn a new skill from a teacher or trainer, or build a community of individuals committed to improving their quality of life.

Maryland

Congressional District 4
The Honorable
Glenn Ivey

62

locations

[National: 55,000+]

587

employees

[National: 430,000]

\$40.5
million

**benefit to the
U.S. economy**

[National: \$22.4 billion]

\$365.2
million

in federal and state taxes

[National: \$10.4 billion]

\$15.0
million

combined wages/year

[National: \$10.7 billion]

